

BHAVAN'S VIVEKANANDA YOGA CENTRE

Report on International Yoga Day 2026 On June 20, 2026

VENUE : PARADE GROUNDS

TIME: 5 AM

Bhavan's Vivekananda Yoga Centre participated in the 1 Day Countdown for International Yoga Day 2026 at Parade Grounds. More than 130 members from Bhavan's Vivekananda College participated, representing different units including BVYC, NCC, NSS, UBA, and YRC. The celebration was conducted in a joyful and inspiring manner, and it successfully created awareness about the benefits and significance of practicing yoga in our daily lives with the active support and cooperation of our Principal Dr GVS RK Chowdary sir and Coordinator of BVYC, Dr. Y. Suresh, with coordination from Srinivasa, Coordinator of NSS, YRC, UBA.



The program began with a warm and energetic atmosphere, as participants gathered at the Parade Ground to practice yoga and spread awareness about its importance. Everyone participated with great interest and discipline, performing various yoga asanas and breathing exercises under proper guidance.

The presence of several renowned celebrities and distinguished guests added special attraction and excitement to the event. Their participation encouraged everyone and highlighted the importance of yoga in maintaining physical fitness, mental peace, and a healthy lifestyle. The entire program was conducted in a well-organized manner with the valuable support and cooperation of our faculty members. Their guidance and encouragement played an important role in ensuring the smooth and successful execution of the event.



The programme came to a smooth and pleasant close after a day of active participation and enthusiasm. The participants took part in the activities with great interest and maintained discipline throughout the event. The final moments of the programme were marked by a sense of satisfaction and happiness among everyone present. The event concluded successfully, leaving the participants with a positive experience and a greater appreciation for the importance of yoga. The celebration at the Parade Ground was therefore a memorable and meaningful occasion for all those who took part.